COMMON PHOBIAS A-Z

**Achievemephobia**: The fear of success.

**Achondroplasiaphobia**: The fear of people with dwarfism.

**Acrophobia**: The fear of heights.

**Aerophobia**: The fear of flying.

**Agliophobia**: The fear of pain.

**Agoraphobia**: The fear of open or crowded spaces, or places within which the sufferer does not have complete control over the environment.

**Ailurophobia**: The fear of cats.

**Allodoxaphobia**: The fear of other people’s opinions.

**Anatidaephobia**: The fear of ducks.

**Androphobia**: The fear of men.

**Anthropophobia**: The fear of people.

**Apiphobia**: The fear of bees.

**Aquaphobia**: The fear of water.

**Arachnophobia**: The fear of spiders.

**Astraphobia**: The fear of thunder and lightning.

**Athazagoraphobia**: The fear of being forgotten or ignored, or forgetting things.

**Atychiphobia**: The fear of failure.
**Autophobia**: The fear of isolation – of being left alone/abandoned by others.

**Bananaphobia**: The fear of bananas.

**Basiphobia**: The fear of falling.

**Bathophobia**: The fear of depths – for example deep wells or lakes, or even long dark hallways and manholes.

**Cacomorphobia**: The fear of fat people.

**Carcinophobia**: The fear of cancer/carcinogens.

**Catoptrophobia**: The fear of mirrors.

**Chaetophobia**: The fear of hair.

**Chronophobia**: The fear of the passage of time.

**Cibophobia**: The fear of food.

**Claustrophobia**: The fear of confined spaces.

**Coasterphobia**: The fear of roller coasters.

**Coulrophobia**: The fear of clowns.

**Cynophobia**: The fear of dogs.

**Didaskaleinophobia**: The fear of school.

**Disposophobia**: The fear of throwing things away. Often leads to hoarding.

**Eisoptrophobia**: The fear of one’s own reflection.

**Emetophobia**: The fear of vomiting.

**Enochlophobia**: The fear of crowds.
Entomophobia: The fear of bugs.
Equinophobia: The fear of horses.
Ergophobia: The fear of work.
Galeophobia: The fear of sharks.
Gamophobia: The fear of commitment/marriage.
Gephyrophobia: The fear of bridges.
Gerascophobia: The fear of getting old.
Globophobia: The fear of balloons.
Glossophobia: The fear of public speaking.
Gynophobia: The fear of women.
Hemophobia: The fear of blood.
Iatrophobia: The fear of doctors.
Ichthyophobia: The fear of fish.
Katsaridaphobia: The fear of cockroaches.
Koumpounophobia: The fear of buttons.
Lepidopterophobia: The fear of butterflies.
Ligyrophobia: The fear of loud noises.
Metathesiophobia: The fear of change.
Monophobia: The fear of being alone.
Mottephobia: The fear of moths.
Musophobia: The fear of mice.
**Myrmecophobia**: The fear of ants.

**Mysophobia**: The fear of germs.

**Nosocomiophobia**: The fear of hospitals.

**Numerophobia**: The fear of numbers and mathematics.

**Nyctophobia**: Fear of the dark.

**Ombrophobia**: The fear of rain.

**Omphalophobia**: The fear of belly buttons.

**Ophidiophobia**: The fear of snakes.

**Ornithophobia**: The fear of birds.

**Panophobia**: The fear of everything — a persistent sense of dread.

**Pediophobia**: The fear of dolls.

**Phasmophobia**: The fear of ghosts.

**Philophobia**: The fear of falling in love, or forming emotional attachments.

**Phobophobia**: The fear of fear!

**Photophobia**: The fear of light.

**Podophobia**: The fear of feet.

**Pogonophobia**: The fear of beards.

**Pseudodysphagia**: The fear of choking when swallowing.

**Pyrophobia**: The fear of fire.

**Ranidaphobia**: The fear of frogs.
Samhainophobia: The fear of Halloween.

Scelerophobia: The fear of crime/criminals.

Scoleciphobia: The fear of worms.

Sidonglobophobia: The fear of cotton balls.

Somniphobia: The fear of sleep.

Spheksophobia: The fear of wasps.

Taphophobia: The fear of being buried alive.

Technophobia: The fear of technology.

Telephonophobia: The fear of talking on the phone.

Thalassophobia: The fear of the ocean.

Thanatophobia: The fear of death.

Theophobia: The fear of God or religion.

Tokophobia: The fear of pregnancy and childbirth.

Triskaidekaphobia: The fear of the number 13, owing to its superstitious reputation.

Trypanophobia: The fear of needles.

Trypophobia: The fear of holes.

Vehophobia: The fear of driving.

Xenophobia: The fear of the unknown.

Zoophobia: The fear of animals.