

COMMON PHOBIAS A-Z

Achievemephobia: The fear of success.

Achondroplasiaphobia: The fear of people with dwarfism.

Acrophobia: The fear of heights.

Aerophobia: The fear of flying.

Agliophobia: The fear of pain.

Agoraphobia: The fear of open or crowded spaces, or places within which the sufferer does not have complete control over the environment.

Ailurophobia: The fear of cats.

Allodoxaphobia: The fear of other people's opinions.

Anatidaephobia: The fear of ducks.

Androphobia: The fear of men.

Anthropophobia: The fear of people.

Apiphobia: The fear of bees.

Aquaphobia: The fear of water.

Arachnophobia: The fear of spiders.

Astraphobia: The fear of thunder and lightning.

Athazagoraphobia: The fear of being forgotten or ignored, or forgetting things.

Atychiphobia: The fear of failure.

Autophobia: The fear of isolation – of being left alone/abandoned by others.

Bananaphobia: The fear of bananas.

Basiphobia: The fear of falling.

Bathophobia: The fear of depths – for example deep wells or lakes, or even long dark hallways and manholes.

Cacomorophobia: The fear of fat people.

Carcinophobia: The fear of cancer/carcinogens.

Catoptrophobia: The fear of mirrors.

Chaetophobia: The fear of hair.

Chronophobia: The fear of the passage of time.

Cibophobia: The fear of food.

Claustrophobia: The fear of confined spaces.

Coasterphobia: The fear of roller coasters.

Coulrophobia: The fear of clowns.

Cynophobia: The fear of dogs.

Didaskaleinophobia: The fear of school.

Disposophobia: The fear of throwing things away. Often leads to hoarding.

Eisoptrophobia: The fear of one's own reflection.

Emetophobia: The fear of vomiting.

Enochlophobia: The fear of crowds.

Entomophobia: The fear of bugs.

Equinophobia: The fear of horses.

Ergophobia: The fear of work.

Galeophobia: The fear of sharks.

Gamophobia: The fear of commitment/marriage.

Gephyrophobia: The fear of bridges.

Gerascophobia: The fear of getting old.

Globophobia: The fear of balloons.

Glossophobia: The fear of public speaking.

Gynophobia: The fear of women.

Hemophobia: The fear of blood.

Iatrophobia: The fear of doctors.

Ichthyophobia: The fear of fish.

Katsaridaphobia: The fear of cockroaches.

Koumpounophobia: The fear of buttons.

Lepidopterophobia: The fear of butterflies.

Ligyrophobia: The fear of loud noises.

Metathesiophobia: The fear of change.

Monophobia: The fear of being alone.

Mottephobia: The fear of moths.

Musophobia: The fear of mice.

Myrmecophobia: The fear of ants.

Mysophobia: The fear of germs.

Nosocomephobia: The fear of hospitals.

Numerophobia: The fear of numbers and mathematics.

Nyctophobia: Fear of the dark.

Ombrophobia: The fear of rain.

Omphalophobia: The fear of belly buttons.

Ophidiophobia: The fear of snakes.

Ornithophobia: The fear of birds.

Panophobia: The fear of everything – a persistent sense of dread.

Pediophobia: The fear of dolls.

Phasmophobia: The fear of ghosts.

Philophobia: The fear of falling in love, or forming emotional attachments.

Phobophobia: The fear of fear!

Photophobia: The fear of light.

Podophobia: The fear of feet.

Pogonophobia: The fear of beards.

Pseudodysphagia: The fear of choking when swallowing.

Pyrophobia: The fear of fire.

Ranidaphobia: The fear of frogs.

Samhainophobia: The fear of Halloween.

Scelerophobia: The fear of crime/criminals.

Scoleciphobia: The fear of worms.

Sidonglobophobia: The fear of cotton balls.

Somniphobia: The fear of sleep.

Spheksophobia: The fear of wasps.

Taphophobia: The fear of being buried alive.

Technophobia: The fear of technology.

Telephonophobia: The fear of talking on the phone.

Thalassophobia: The fear of the ocean.

Thanatophobia: The fear of death.

Theophobia: The fear of God or religion.

Tokophobia: The fear of pregnancy and childbirth.

Triskaidekaphobia: The fear of the number 13, owing to its superstitious reputation.

Trypanophobia: The fear of needles.

Trypophobia: The fear of holes.

Vehophobia: The fear of driving.

Xenophobia: The fear of the unknown.

Zoophobia: The fear of animals.